



TRANSITIONAL LIVING FACILITY

Criteria for Admission

Any male over twenty one years old is eligible for admission into Seabrook West if the applicant meets the following criteria:

1. Comes from an acute treatment facility for chemical dependency from any geographical area
2. Has completed an in patient stay for at least 21 days
3. Is in recovery and not using any chemicals.
4. Commits to at least a 90 day length of stay.
5. Is in recovery and wants to live in community with other men in recovery for the purpose of remaining clean and sober and learn about the twelve-step way of life.
6. Is in recovery and is willing to attend daily self-help meetings.
7. Is willing to be part of the house community and willing to do chores.
8. Is willing to be on black out for 1 month and not drive his car for one month.
9. Is willing to pay \$21,200.00 upon admission that is non-refundable.
10. Understands that he will be immediately discharged from Seabrook West if there is any misuse of drugs or alcohol on or off the premises, is violent or threatens staff, visitor or resident with verbal abuse or threats of violence and that these threats are perceived as serious, actually attacks or hits or hurts another staff or resident.
11. Is willing to send to Seabrook West any psychological or psychiatric assessments or clinical records if requested.

Signature of Resident _____ Date _____

Witness _____ Date: _____



TRANSITIONAL LIVING FACILITY

INFORMED CONSENT

Seabrook West is a transitional living facility for recovery from alcoholism, chemical dependency and other addictive disorders. Our goal is to help you achieve meaningful abstinence.

Philosophy

Alcoholism and chemical dependency is a diagnosable and treatable disease. The Seabrook West staff view this illness as a primary disease that is progressive in nature, which can be interrupted, but never cured. The individual manifests a dependent relationship with alcohol and other mind-altering chemicals.

Recovery from addiction is dependent upon your daily abstinence, which is contingent on the maintenance of your physical, mental, and spiritual well-being. We believe that your commitment to a daily plan of recovery that utilizes the 12-Step principles and philosophies of Alcoholics Anonymous and Narcotics Anonymous enables the likelihood of continued abstinence. However, without a daily plan of recovery, relapse warning signs and triggers will be activated and your physical abstinence is likely to be sabotaged. Your likelihood of success stabilizes and increases as you surrender and accept that you have a treatable disease and are responsible for the maintenance of your daily sobriety.

Details

A staff member will provide you and/or your family with an admissions packet and review its contents so that you may make an informed decision regarding admission and participation in your recovery. This packet will include the following:

- 1. Rights of the Resident** – This document supports and protects your rights as a human being including fundamental human, civil, constitutional and statutory rights. We want you to be fully informed of your rights while you are a resident at Seabrook West.
- 2. Complaint/Grievance-** This is a description of how we attempt to resolve our conflicts and grievances if and when they occur.

Seabrook West will also provide you with information regarding our expectations for your involvement and participation:

- 1. Resident Standards** provide an outline for behavior and expectations for your participation. They are based on practical needs and help you build self-respect and foster self-discipline. You will be asked to read the standards, encouraged to ask questions to the admitting staff prior to your signing the verification signifying that you have read and understand these standards. By signing them, you agree to abide by the expectations during your stay at Seabrook West.
- 2. Visitation** – after a 30 day black out
- 3. Daily Schedules** describe the days and times of specific activities that you agree to attend and participate in as a vital part of your stay at Seabrook West.
- 4. Searches** of your/visitor's belongings and/or person may be made upon admission to Seabrook West and upon discretion of the staff to ensure a drug free environment for you and our other residents.

Our program relies on the development of the essentials of recovery, which are attitudes and behaviors that foster honesty, open mindedness, and willingness.

All the information herein has been explained to me. My signature will verify that while I am a resident at Seabrook West, I understand the information and my rights as they have been reviewed with me upon admission. I also understand that the staff at Seabrook West expects my participation in my recovery.

Resident Signature: _____

Date: _____

Witness: _____

Date: _____

